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Home Care Instructions for Restorations

FOLLOWING LOCAL ANESTHESIA:

Do not eat or drink anything hot and avoid chewing or rubbing the treated area until all feeling has returned. This normally occurs within 2-3 hours after the appointment.

FOLLOWING RESTORATIONS:

1. Do not eat anything until all feeling has returned. This normally occurs within 2-3 hours after the appointment.
2. Drinking of liquids is permissible. If the patient is hungry prior to normal feeling returning after local anesthesia, a milk shake, yogurt, or popsicle is recommended.
3. If minor swelling or pain occurs, apply an ice pack to the area for one hour (15 minutes on and 15 minutes off). If minor discomfort occurs, acetaminophen (Tylenol) or ibuprophen (Motrin or Advil) is recommended. Never use aspirin for children. In case of significant or persistent pain or swelling, please notify the office.

Two Convenient Locations

PARKER, COLORADO

18801 E. MAINSTREET
SUITE 150
PARKER, CO 80134
PHONE: 303.841.7900
FAX: 303.841.1290

CASTLE ROCK, COLORADO

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